



HORARIO COLECTIVAS



	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15		7:15	7:15	7:15		7:15	
7:30	BODY PUMP s1	7:30	7:30	7:30	7:30	7:30	7:30
7:45		CICLO INDOOR s ciclo	7:45	7:45	7:45	7:45	7:45
8:00		8:00	8:00	8:00	8:00	8:00	8:00
8:15		8:15	8:15	8:15	8:15	8:15	8:15
8:30	TONOFIT s1	8:30	CICLO INDOOR s ciclo	8:30	CARDIOFIT s1	8:30	8:30
8:45		8:45	8:45	8:45	8:45	8:45	8:45
9:00		AQUAGYM piscina	9:00	9:00	AQUAGYM piscina	9:00	9:00
9:15		PILATES DANCE s1 s2	9:15	9:15	YOGA s2	9:15	9:15
9:30	CARDIOFIT s1	9:30	CORE s1	9:30	BODY COMBAT s1	9:30	9:30
9:45	SALUD s2	CICLO INDOOR s ciclo	PILATES s2	9:45	CICLO INDOOR s ciclo	9:45	9:45
10:00	CICLO INDOOR s ciclo	10:00	10:00	10:00	10:00	10:00	10:00
10:15		TONOFIT s1	10:15	10:15	10:15	10:15	10:15
10:30	B. PUMP s1 AQUAGYM p	YOGA s2	CARDIOFIT s1 AQUAGYM p	10:30	PILATES s1 s2 DANCE	10:30	10:30
10:45	PILATES s2	10:45	CICLO INDOOR s ciclo	10:45	C.RUNNING ext	10:45	10:45
11:00		CORE s func	11:00	11:00	11:00	11:00	11:00
11:15		B. COMBAT s1	11:15	11:15	11:15	11:15	11:15
11:30	AQUAGYM piscina	PILATES s2	11:30	B. PUMP s1 AQUAGYM p	11:30	PILATES s2 TONOFIT	11:30
11:45		11:45	11:45	11:45	11:45	11:45	11:45
12:00		12:00	12:00	12:00	12:00	12:00	12:00
12:15		12:15	12:15	12:15	12:15	12:15	12:15
12:30		12:30	12:30	12:30	12:30	12:30	12:30
12:45		12:45	12:45	12:45	12:45	12:45	12:45
13:00		13:00	13:00	13:00	13:00	13:00	13:00
13:15		13:15	13:15	13:15	13:15	13:15	13:15
13:30		13:30	13:30	13:30	13:30	13:30	13:30
13:45		13:45	13:45	13:45	13:45	13:45	13:45
14:00		14:00	14:00	14:00	14:00	14:00	14:00
14:15		14:15	14:15	14:15	14:15	14:15	14:15
14:30	CARDIOFIT s1	14:30	14:30	14:30	14:30	14:30	14:30
14:45		14:45	14:45	14:45	14:45	14:45	14:45
15:00		15:00	15:00	15:00	15:00	15:00	15:00
15:15		15:15	15:15	15:15	15:15	15:15	15:15
15:30		15:30	15:30	15:30	15:30	15:30	15:30
15:45		15:45	15:45	15:45	15:45	15:45	15:45
16:00		16:00	16:00	16:00	16:00	16:00	16:00
16:15		16:15	16:15	16:15	16:15	16:15	16:15
16:30		16:30	16:30	16:30	16:30	16:30	16:30
16:45		16:45	16:45	16:45	16:45	16:45	16:45
17:00	CORE s1	17:00	17:00	17:00	17:00	17:00	17:00
17:15		17:15	17:15	17:15	17:15	17:15	17:15
17:30	CICLO INDOOR s ciclo	17:30	17:30	17:30	17:30	17:30	17:30
17:45		CARDIO KIDS s2	17:45	17:45	17:45	17:45	17:45
18:00	DANCE s1 TONO KIDS sai	18:00	18:00	18:00	18:00	18:00	18:00
18:15		18:15	18:15	18:15	18:15	18:15	18:15
18:30		CICLO INDOOR s ciclo	18:30	18:30	18:30	18:30	18:30
18:45		CORE s2	18:45	18:45	18:45	18:45	18:45
19:00	B. PUMP s1 SALUD s2	19:00	19:00	19:00	19:00	19:00	19:00
19:15	CICLO INDOOR s ciclo	19:15	19:15	19:15	19:15	19:15	19:15
19:30		19:30	19:30	19:30	19:30	19:30	19:30
19:45	AQUAGYM p	19:45	19:45	19:45	19:45	19:45	19:45
20:00	BODY ATTACK s1	20:00	20:00	20:00	20:00	20:00	20:00
20:15	PILATES s2	20:15	20:15	20:15	20:15	20:15	20:15
20:30		20:30	20:30	20:30	20:30	20:30	20:30
20:45		AQUAGYM piscina YOGA s2	20:45	20:45	20:45	20:45	20:45
21:00	AQUAGYM piscina	21:00	21:00	21:00	21:00	21:00	21:00
21:15		21:15	21:15	21:15	21:15	21:15	21:15
21:30		21:30	21:30	21:30	21:30	21:30	21:30
21:45		21:45	21:45	21:45	21:45	21:45	21:45
22:00		22:00	22:00	22:00	22:00	22:00	22:00
22:30		22:30	22:30	22:30	22:30	22:30	22:30

**LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO**

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h

**ACTIVIDADES
DIRIGIDAS 45'**



CARDIOVASCULAR



TONIFICACIÓN



BAILE



ACTIVIDADES INFANTILES

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15							
7:30							
7:45	BODY PUMP						
8:00							
8:15							
8:30	TONOFIT						
8:45				CARDIOFIT			
9:00							
9:15		PILATES					
9:30	CARDIOFIT						
9:45			CORE	BODY COMBAT			
10:00					BODY ATTACK		
10:15		TONOFIT				LATINOS	
10:30	BODY PUMP		CARDIOFIT	PILATES			BODY PUMP
10:45							
11:00							
11:15		BODY COMBAT				TONOFIT	
11:30			BODY PUMP	TONOFIT			
11:45							
12:00							
12:15							DANCE FAMILY
12:30						PILATES FAMILY	
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15							
14:30	CARDIOFIT	TONOFIT					
14:45							
15:00							
15:15							
15:30							
15:45							
16:00							
16:15							
16:30							
16:45							
17:00	CORE	TONOFIT			BODY ATTACK		
17:15				CARDIOFIT			
17:30							
17:45							
18:00	DANCE	CARDIOFIT	BODY COMBAT		DANCE		
18:15				TONOFIT			
18:30							
18:45							
19:00	BODY PUMP	BODY PUMP	CARDIOFIT		BODY PUMP		
19:15				BODY ATTACK			
19:30							
19:45							
20:00	BODY ATTACK	LATINOS	BODY PUMP				
20:15				LATINOS	BODY COMBAT		
20:30							
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:30							

LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h
**ACTIVIDADES
DIRIGIDAS 45'**

 CARDIOVASCULAR
  TONIFICACIÓN
  BAILE
  CUERPO/MENTE

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
9:15							
9:30		DANCE			YOGA		
9:45	SALUD		PILATES				
10:00							
10:15							
10:30		YOGA		DANCE		SALUD	
10:45	PILATES				PILATES		
11:00							
11:15							PILATES
11:30		PILATES		PILATES			
11:45			SALUD				
12:00						CORE	
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15							
14:30							
14:45							
15:00							
15:15							
15:30							
15:45							
16:00							
16:15					SALUD		
16:30							
16:45							
17:00			YOGA				
17:15							
17:30							
17:45		CARDIO KIDS		CARDIO KIDS	YOGA		
18:00							
18:15							
18:30			DANCE				
18:45		CORE		YOGA			
19:00	SALUD						
19:15			PILATES		PILATES		
19:30							
19:45		SALUD					
20:00							
20:15	PILATES						
20:30							
20:45		YOGA					
21:00							
21:15							
21:30							
21:45							
22:00							
22:00							

LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h
**ACTIVIDADES
DIRIGIDAS 45'**



HORARIO SALA CICLO

 CARDIOVASCULAR

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15		7:15	7:15	7:15	7:15	7:15	7:15
7:30		7:30	7:30	7:30	7:30	7:30	7:30
7:45		7:45	7:45	7:45	7:45	7:45	7:45
8:00		CICLO INDOOR	8:00	8:00	8:00	8:00	8:00
8:15		CICLO INDOOR	8:15	8:15	8:15	8:15	8:15
8:30		8:30	8:30	CICLO INDOOR	8:30	8:30	8:30
8:45		8:45	8:45	CICLO INDOOR	8:45	8:45	8:45
9:00		9:00	9:00	9:00	9:00	9:00	9:00
9:15		9:15	9:15	9:15	9:15	9:15	9:15
9:30		9:30	9:30	9:30	9:30	9:30	CICLO INDOOR
9:45		CICLO INDOOR	9:45	CICLO INDOOR	9:45	9:45	9:45
10:00	CICLO INDOOR	CICLO INDOOR	10:00	CICLO INDOOR	10:00	10:00	10:00
10:15	CICLO INDOOR	CICLO INDOOR	10:15	CICLO INDOOR	10:15	10:15	10:15
10:30	CICLO INDOOR	10:30	10:30	10:30	10:30	10:30	10:30
10:45		10:45	10:45	CICLO INDOOR	10:45	10:45	10:45
11:00		11:00	11:00	CICLO INDOOR	11:00	11:00	11:00
11:15		11:15	11:15	CICLO INDOOR	11:15	11:15	11:15
11:30		11:30	11:30	11:30	11:30	11:30	11:30
11:45		11:45	11:45	11:45	11:45	CICLO INDOOR	11:45
12:00		12:00	12:00	12:00	12:00	CICLO INDOOR	12:00
12:15		12:15	12:15	12:15	12:15	12:15	12:15
12:30		12:30	12:30	12:30	12:30	12:30	12:30
12:45		12:45	12:45	12:45	12:45	12:45	12:45
13:00		13:00	13:00	13:00	13:00	13:00	13:00
13:15		13:15	13:15	13:15	13:15	13:15	13:15
13:30		13:30	13:30	13:30	13:30	13:30	13:30
13:45		13:45	13:45	13:45	13:45	13:45	13:45
14:00		14:00	14:00	14:00	14:00	14:00	14:00
14:15		14:15	14:15	14:15	14:15	14:15	14:15
14:30		14:30	14:30	14:30	CICLO INDOOR	14:30	14:30
14:45		14:45	14:45	14:45	CICLO INDOOR	14:45	14:45
15:00		15:00	15:00	15:00	15:00	15:00	15:00
15:15		15:15	15:15	15:15	15:15	15:15	15:15
15:30		15:30	15:30	15:30	15:30	15:30	15:30
15:45		15:45	15:45	15:45	15:45	15:45	15:45
16:00		16:00	16:00	16:00	16:00	16:00	16:00
16:15		16:15	16:15	16:15	16:15	16:15	16:15
16:30		16:30	16:30	16:30	16:30	16:30	16:30
16:45		16:45	16:45	16:45	16:45	16:45	16:45
17:00		17:00	17:00	17:00	17:00	17:00	17:00
17:15		17:15	17:15	17:15	17:15	17:15	17:15
17:30	CICLO INDOOR	17:30	17:30	17:30	17:30	17:30	17:30
17:45	CICLO INDOOR	17:45	17:45	17:45	17:45	CICLO INDOOR	17:45
18:00	CICLO INDOOR	18:00	18:00	18:00	18:00	CICLO INDOOR	18:00
18:15		18:15	18:15	18:15	18:15	18:15	18:15
18:30		18:30	18:30	18:30	CICLO INDOOR	18:30	18:30
18:45		18:45	18:45	18:45	CICLO INDOOR	18:45	CICLO INDOOR
19:00		19:00	19:00	19:00	19:00	19:00	19:00
19:15	CICLO INDOOR	19:15	19:15	19:15	19:15	19:15	19:15
19:30	CICLO INDOOR	19:30	19:30	CICLO INDOOR	19:30	19:30	19:30
19:45	CICLO INDOOR	19:45	19:45	19:45	CICLO INDOOR	19:45	19:45
20:00		20:00	20:00	20:00	CICLO INDOOR	20:00	20:00
20:15		20:15	20:15	20:15	CICLO INDOOR	20:15	20:15
20:30		20:30	20:30	20:30	20:30	20:30	20:30
20:45		20:45	20:45	20:45	20:45	20:45	20:45
21:00		21:00	21:00	21:00	21:00	21:00	21:00
21:15		21:15	21:15	21:15	21:15	21:15	21:15
21:30		21:30	21:30	21:30	21:30	21:30	21:30
21:45		21:45	21:45	21:45	21:45	21:45	21:45
22:00		22:00	22:00	22:00	22:00	22:00	22:00
22:30		22:30	22:30	22:30	22:30	22:30	22:30

LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h
**ACTIVIDADES
DIRIGIDAS 45'**



	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15							
7:30							
7:45				FUNCIONAL			
8:00							
8:15							
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							
10:00							
10:15							
10:30					FUNCIONAL		
10:45							
11:00		CORE					
11:15							
11:30							
11:45					CORE		
12:00							
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							14:00
14:15							
14:30							
14:45							
15:00							
15:15							
15:30							
15:45							
16:00							
16:15							
16:30							
16:45							
17:00							
17:15							
17:30							
17:45						FUNCIONAL	
18:00			FUNCIONAL				
18:15							
18:30							
18:45							
19:00							
19:15							
19:30							
19:45							
20:00							
20:15							
20:30							
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:30							

LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h
**ACTIVIDADES
DIRIGIDAS 45'**

ACUÁTICAS

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
9:15		AQUAGYM		AQUAGYM			
9:30							
9:45							
10:00							
10:15							
10:30	AQUAGYM		AQUAGYM		AQUAGYM		
10:45							
11:00							
11:15							
11:30	AQUAGYM		AQUAGYM				
11:45							
12:00							
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							14:00
14:15							
14:30							
14:45							
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16:15							
16:30							
16:45							
17:00							
17:15							
17:30							
17:45							
18:00							
18:15							
18:30							
18:45							
19:00							
19:15							
19:30							
19:45	AQUAGYM		AQUAGYM		AQUAGYM		
20:00							
20:15						AQUAGYM	
20:30		AQUAGYM					
20:45				AQUAGYM			
21:00	AQUAGYM		AQUAGYM		AQUAGYM		
21:15							
21:30							
21:45							
22:00							
22:30							

LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h
**ACTIVIDADES
DIRIGIDAS 45'**



▶ EXTERIOR

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15		7:15	7:15	7:15	7:15	7:15	7:15
7:30		7:30	7:30	7:30	7:30	7:30	7:30
7:45		7:45	7:45	7:45	7:45	7:45	7:45
8:00		8:00	8:00	8:00	8:00	8:00	8:00
8:15		8:15	8:15	8:15	8:15	8:15	8:15
8:30		8:30	8:30	8:30	8:30	8:30	8:30
8:45		8:45	8:45	8:45	8:45	8:45	8:45
9:00		9:00	9:00	9:00	9:00	9:00	9:00
9:15		9:15	9:15	9:15	9:15	9:15	9:15
9:30		9:30	9:30	9:30	9:30	9:30	9:30
9:45		9:45	9:45	9:45	9:45	9:45	9:45
10:00		10:00	10:00	10:00	10:00	10:00	10:00
10:15		10:15	10:15	10:15	10:15	10:15	10:15
10:30		10:30	10:30	10:30	10:30	10:30	10:30
10:45		10:45	10:45	10:45	10:45	10:45	10:45
11:00		11:00	11:00	11:00	11:00	11:00	11:00
11:15		11:15	11:15	11:15	11:15	11:15	11:15
11:30		11:30	11:30	11:30	11:30	11:30	11:30
11:45		11:45	11:45	11:45	11:45	11:45	11:45
12:00		12:00	12:00	12:00	12:00	12:00	12:00
12:15		12:15	12:15	12:15	12:15	12:15	12:15
12:30		12:30	12:30	12:30	12:30	12:30	12:30
12:45		12:45	12:45	12:45	12:45	12:45	12:45
13:00		13:00	13:00	13:00	13:00	13:00	13:00
13:15		13:15	13:15	13:15	13:15	13:15	13:15
13:30		13:30	13:30	13:30	13:30	13:30	13:30
13:45		13:45	13:45	13:45	13:45	13:45	13:45
14:00		14:00	14:00	14:00	14:00	14:00	14:00
14:15		14:15	14:15	14:15	14:15	14:15	
14:30		14:30	14:30	14:30	14:30	14:30	
14:45		14:45	14:45	14:45	14:45	14:45	
15:00		15:00	15:00	15:00	15:00	15:00	
15:15		15:15	15:15	15:15	15:15	15:15	
15:30		15:30	15:30	15:30	15:30	15:30	
15:45		15:45	15:45	15:45	15:45	15:45	
16:00		16:00	16:00	16:00	16:00	16:00	
16:15		16:15	16:15	16:15	16:15	16:15	
16:30		16:30	16:30	16:30	16:30	16:30	
16:45		16:45	16:45	16:45	16:45	16:45	
17:00		17:00	17:00	17:00	17:00	17:00	
17:15		17:15	17:15	17:15	17:15	17:15	
17:30		17:30	17:30	17:30	17:30	17:30	
17:45		17:45	17:45	17:45	17:45	17:45	
18:00		18:00	18:00	18:00	18:00	18:00	
18:15		18:15	18:15	18:15	18:15	18:15	
18:30		18:30	18:30	18:30	18:30	18:30	
18:45		18:45	18:45	18:45	18:45	18:45	
19:00		19:00	19:00	19:00	19:00	19:00	
19:15		19:15	19:15	19:15	19:15	19:15	
19:30		19:30	19:30	19:30	19:30	19:30	
19:45		19:45	19:45	19:45	19:45	19:45	
20:00		20:00	20:00	20:00	20:00	20:00	
20:15		20:15	20:15	20:15	20:15		
20:30		20:30	20:30	20:30	20:30		
20:45		20:45	20:45	20:45	20:45		
21:00		21:00	21:00	21:00	21:00		
21:15		21:15	21:15	21:15	21:15		
21:30		21:30	21:30	21:30	21:30		
21:45		21:45	21:45	21:45	21:45		
22:00		22:00	22:00	22:00	22:00		
22:30		22:30	22:30	22:30			

CLUB
RUNNING

CLUB
RUNNING

LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h

ACTIVIDADES
DIRIGIDAS 45'

 ACTIVIDADES INFANTILES

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:15		7:15	7:15	7:15	7:15	7:15	7:15
7:30		7:30	7:30	7:30	7:30	7:30	7:30
7:45		7:45	7:45	7:45	7:45	7:45	7:45
8:00		8:00	8:00	8:00	8:00	8:00	8:00
8:15		8:15	8:15	8:15	8:15	8:15	8:15
8:30		8:30	8:30	8:30	8:30	8:30	8:30
8:45		8:45	8:45	8:45	8:45	8:45	8:45
9:00		9:00	9:00	9:00	9:00	9:00	9:00
9:15		9:15	9:15	9:15	9:15	9:15	9:15
9:30		9:30	9:30	9:30	9:30	9:30	9:30
9:45		9:45	9:45	9:45	9:45	9:45	9:45
10:00		10:00	10:00	10:00	10:00	10:00	10:00
10:15		10:15	10:15	10:15	10:15	10:15	10:15
10:30		10:30	10:30	10:30	10:30	10:30	10:30
10:45		10:45	10:45	10:45	10:45	10:45	10:45
11:00		11:00	11:00	11:00	11:00	11:00	11:00
11:15		11:15	11:15	11:15	11:15	11:15	11:15
11:30		11:30	11:30	11:30	11:30	11:30	11:30
11:45		11:45	11:45	11:45	11:45	11:45	11:45
12:00		12:00	12:00	12:00	12:00	12:00	12:00
12:15		12:15	12:15	12:15	12:15	12:15	12:15
12:30		12:30	12:30	12:30	12:30	12:30	12:30
12:45		12:45	12:45	12:45	12:45	12:45	12:45
13:00		13:00	13:00	13:00	13:00	13:00	13:00
13:15		13:15	13:15	13:15	13:15	13:15	13:15
13:30		13:30	13:30	13:30	13:30	13:30	13:30
13:45		13:45	13:45	13:45	13:45	13:45	13:45
14:00		14:00	14:00	14:00	14:00	14:00	14:00
14:15		14:15	14:15	14:15	14:15	14:15	
14:30		14:30	14:30	14:30	14:30	14:30	
14:45		14:45	14:45	14:45	14:45	14:45	
15:00		15:00	15:00	15:00	15:00	15:00	
15:15		15:15	15:15	15:15	15:15	15:15	
15:30		15:30	15:30	15:30	15:30	15:30	
15:45		15:45	15:45	15:45	15:45	15:45	
16:00		16:00	16:00	16:00	16:00	16:00	
16:15		16:15	16:15	16:15	16:15	16:15	
16:30		16:30	16:30	16:30	16:30	16:30	
16:45		16:45	16:45	16:45	16:45	16:45	
17:00		17:00	17:00	17:00	17:00	17:00	
17:15		17:15	17:15	17:15	17:15	17:15	
17:30		17:30	17:30	17:30	17:30	17:30	
17:45		17:45	17:45	17:45	17:45	17:45	
18:00	TONO KIDS	18:00	TONO KIDS	18:00	18:00	18:00	
18:15	TONO KIDS	18:15	TONO KIDS	18:15	18:15	18:15	
18:30	TONO KIDS	18:30	TONO KIDS	18:30	18:30	18:30	
18:45	TONO KIDS	18:45	TONO KIDS	18:45	18:45	18:45	
19:00		19:00	19:00	19:00	19:00	19:00	
19:15		19:15	19:15	19:15	19:15	19:15	
19:30		19:30	19:30	19:30	19:30	19:30	
19:45		19:45	19:45	19:45	19:45	19:45	
20:00		20:00	20:00	20:00	20:00	20:00	
20:15		20:15	20:15	20:15	20:15		
20:30		20:30	20:30	20:30	20:30		
20:45		20:45	20:45	20:45	20:45		
21:00		21:00	21:00	21:00	21:00		
21:15		21:15	21:15	21:15	21:15		
21:30		21:30	21:30	21:30	21:30		
21:45		21:45	21:45	21:45	21:45		
22:00		22:00	22:00	22:00	22:00		
22:30		22:30	22:30	22:30	22:30		

LUDOTECA
DE USO EXCLUSIVO
PARA ABONADOS
AL CENTRO

L-V: 7:00 - 22:30 h
S: 9:00 - 20:00 h
D y F: 9:00 - 14:00 h
**ACTIVIDADES
DIRIGIDAS 45'**

Ludoteca: **Lunes a Viernes 17:15 - 20:45h** **Sábados, Domingos y Festivos 9:30 - 13:30h**

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO	
	PABELLÓN	SALA 2	PABELLÓN	SALA 2		SALA 1	SALA 1	
11:30								11:30
11:45								11:45
12:00								12:00
12:15								12:15
12:30								12:30
12:45								12:45
13:00								13:00
17:30								17:30
17:45								17:45
18:00								18:00
18:15								18:15
18:30								18:30
18:45								18:45

Activities shown in orange blocks in the original image:

- Lunes (18:00 - 18:45):** TONO KIDS
- Martes (17:45 - 18:45):** CARDIO KIDS
- Miércoles (17:45 - 18:45):** TONO KIDS
- Jueves (17:45 - 18:45):** CARDIO KIDS
- Viernes (12:30 - 13:00):** PILATES FAMILY
- Domingo (12:15 - 13:00):** DANCE FAMILY

A las Actividades Infantiles y Familiares podrán acceder niños desde los 4 hasta los 11 años (ambos incluidos)